## EXCUSE ME, I'M SPERKING

Seeking Wholeness and Wellness in Times of Isolation and Enacting Womanist Communal Healing amid the COVID-19 Pandemic

## MARCH 11, 2021 6 P.M. ON ZOOM

msu.zoom.us/j/97766006767 Password: RCAHWHS



Presented by Dr. Rondee Gaines Communications Faculty, New York City College of Technology

Dr. Gaines will use womanist self-reflexivity to explore ways to cultivate wholeness, well-being, and survival, during times of crisis, such as the COVID-19 pandemic in 2020 and 2021.

Committee on Diversity, Equity, and Inclusion

Womanist ways of living focus on (re)covering and (re)situating African American women, as well as all people, in a collective history, expanding our tradition, and articulating the brilliance of "everydayness."