

Michigan State University
Residential College in the Arts and Humanities
presents:

Overcoming Trauma with Transformative Self-Care

<https://msu.zoom.us/meeting/register/tJUpf-uopjwjGdPIF1hB7I739Ela1AFPkz3u>

April 22nd
6:30-8:00 PM
EST



The Community Wellbeing Series is a collaboration of RCAH community partners. This series offers strategies to acknowledge, support, and celebrate the reclamation of Black girls and women in history and culture, while providing approaches to improve the overall health and wellbeing of members of RCAH communities.



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